

### Emotional Feeling Chart by Intensity

	<b>Low</b>	<b>Medium</b>	<b>High</b>
<b>Happy</b>	Content Peaceful Fine Mellow Glad Hopeful Confident	Good Cheerful Satisfied Proud Optimistic Joyful Open	Overjoyed Powerful Elated Excited Thrilled Ecstatic Delighted
<b>Sad</b>	Bored Indifferent Ignored Moody Sorry Lost Vulnerable Down	Upset Guilty Isolated Inferior Remorseful Distressed Empty Hurt	Disappointed Alone Hopeless Devastated Depressed Ashamed Despair Powerless
<b>Angry</b>	Uptight Irritated Touchy Distant Put out Sarcastic	Upset Mad Frustrated Resentful Jealous Skeptical	Infuriated Furious Hateful Outraged Seething Hostile
<b>Afraid</b>	Nervous Worried Unsure Timid Anxious Submissive Insecure	Frightened Threatened Shocked Embarrassed Rejected Overwhelmed Scared	Panicky Terrified Horrorified Pettrified Humiliated Worthless Fearful
<b>Confused</b>	Puzzled Undecided Uncomfortable Unsure	Disorientated Mixed up Disorganized Foggy	Dismayed Bewildered Desperate Trapped
<b>Disgust</b>	Disapproval Critical Judgmental Hesitant	Aversion Awful Avoidance Loathing	Revolted Detestable Revulsion Distain